

# Morphology and Location of Surface Landmarks of Foramen Ovale in Kenyans

Morfología y Ubicación de Puntos Anatómicos de Superficie del Foramen Oval en Kenianos

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**SUMMARY:** Foramen ovale is a surgically important aperture of the skull since it allows approach to and manipulation of the trigeminal ganglion as it lies in the Meckel's cave. This transfacial approach, Hartel's approach, requires two anatomical points for accurate cannulation; the zygomatic point and the pupil point. This study describes the morphology and location of foramen ovale and describes the pupil point in relation to the medial canthus in the Kenyan population. Department of Human Anatomy departmental review board approved the study. Two hundred dry skulls from the Department of Human Anatomy were studied using a digital calliper with help of a measuring frame. The results were analysed using SPSS version 20. The results showed the length and width of right foramen ovale was 7.69 mm mean (SD  $\pm 1.31$ ) and 4.24 mm ( $\pm 0.64$ ) respectively while the left foramen ovale was 7.68 mm ( $\pm 1.23$ ) and 4.28 mm ( $\pm 0.74$ ). The distance of the zygomatic point from the external auditory meatus on the right was 23.54 mm ( $\pm 2.26$ ) and the left was 23.49 mm ( $\pm 2.16$ ). The median distances of the pupil point in relation to the medial canthus was 9.5mm on the right and 8.1 mm on the left. These results were significantly different from other population data. Neuronavigational aids to foramen ovale in Kenyans should take this into consideration.

**KEY WORDS:** Foramen ovale; Hartel's procedure; Transfacial; Kenyans.

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## INTRODUCTION

The sphenoid bone is a bat shaped bone found on the base of the skull and consists of a body, greater wing and a lesser wing. The foramen ovale is found on the infratemporal surface of the greater wing of the sphenoid bone. The contents of foramen ovale, mandibular nerve and accessory meningeal artery open into the infratemporal fossa (Joo *et al.*, 2013).

Foramen Ovale is found alongside the foramen spinosum and the foramen petrosum. When present the foramen petrosum transmits the lesser petrosal nerve. When not present the nerve exits via foramen ovale (Feneis & Dauber, 2000).

The foramen ovale is a surgically important aperture in that it lies just distal to the gasserian (Meckel's) cave which houses the trigeminal ganglion. In surgical procedures the foramen ovale is therefore used to access the trigeminal ganglion.

The trigeminal ganglion is the sensory ganglion of the face. Its most important clinical application is that it is affected in trigeminal neuralgia. Although local data is lacking on the prevalence on trigeminal neuralgia, three large and long term epidemiology studies estimate the prevalence of to be 5–8/100,000 (Hall *et al.*, 2006; Katusic *et al.*, 1990; MacDonald *et al.*, 2000).

Trigeminal neuralgia has been described as one of the most painful experiences scoring a mean of  $94.32 \pm 10.85$  with the median as 100 out of 100 on the Visual Analogue Scale. The pain usually presents in one or two of the trigeminal distributions namely, ophthalmic, maxillary or mandibular. The presentation of trigeminal neuralgia can be to an ophthalmologist, Ear Nose Throat surgeon, maxillofacial surgeon, Dentist, Neurologist or a primary care physician. Patients who fail to respond to medical treatment of trigeminal neuralgia are often referred to the surgeon for surgical manipulation (Teixeira *et al.*, 2006).

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Hartel's procedure is a transfacial technique which surgeons use to access the trigeminal ganglion through foramen ovale.

Originally conceived as a free hand technique, it has been improved by using fluoroscopy and Computer Tomography (CT) scan guidance. The placement of the cannula remains a free hand technique. CT scan and Fluoroscopy are used to confirm placement of cannula in the foramen before advancement. Thus the technique remains relevant. The freehand technique is more important in third world settings where imaging services are scarce.

Successful use of the free hand procedure is dependent on the identification of three surface landmarks; the zygomatic point, cheek point and pupil point as illustrated in Figure 1.

The cheek point is 3 cm lateral to the labial commissure. The zygomatic point is 3 cm anterior to the external auditory meatus. The pupil point is medial to the pupil when it is directed forwards.

The four points described form an inverted pyramid. The pyramid has the cheek point as the apex, with the other three points i.e. zygomatic point, pupil point and the foramen ovale forming the base. The base lies on the orbitomeatal plane.

In other studies the pupil point is described subjectively as medial to the medial limbus of the pupil when the eye is facing forward. In this study the medial canthus is used as an objective point to reference the pupil point.

Hartel's procedure which utilizes the three surface points was described using Caucasian skulls. The primary objective of this study is to document the corresponding measurements in Kenyan skulls.

## MATERIAL AND METHOD

The Department of Human Anatomy and Department of Osteology provided access to more than 200 adult human skulls of which 199 were used for this study. Damaged skulls and those with unfused fontanelles were excluded. Surface measurements for each skull were made using a digital calliper and a measuring frame as shown in Figure 2.



Fig. 1. Cheek point, zygomatic point and pupil point shown in red. Foramen ovale shown in orange. (though shown on the surface in figure 1, foramen ovale is found deep in the skull base).

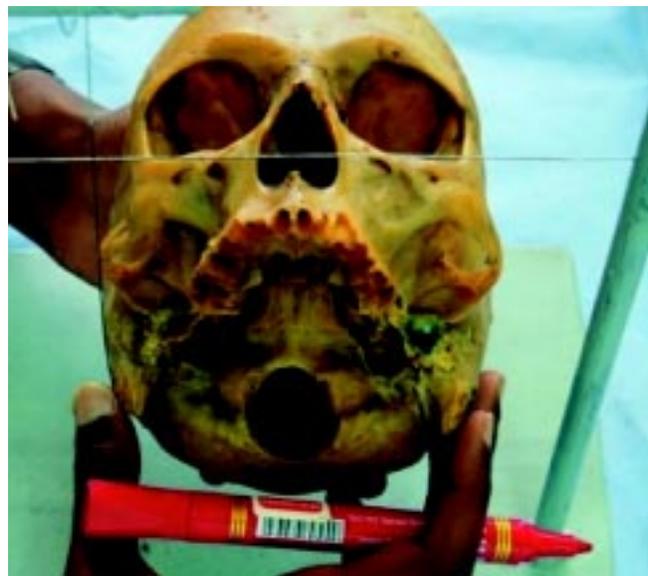


Fig. 2. Measuring frame.

The first measurements made were the length and width of foramen ovale on the right and left side of the skulls. These were the diameters of the widest and narrowest points of the foramina.

The second measurement was identification of the zygomatic points. To locate these points, a virtual straight line is drawn through the centers of the right and left foramen ovale and their exits on the zygomatic bone are the zygomatic points) (Fig. 3). The distance from the zygomatic point to the external acoustic meatus, an easily palpable point in the human being, was measured.

The presence of spurs invading the foramen ovale space was also noted during examination of the skull.

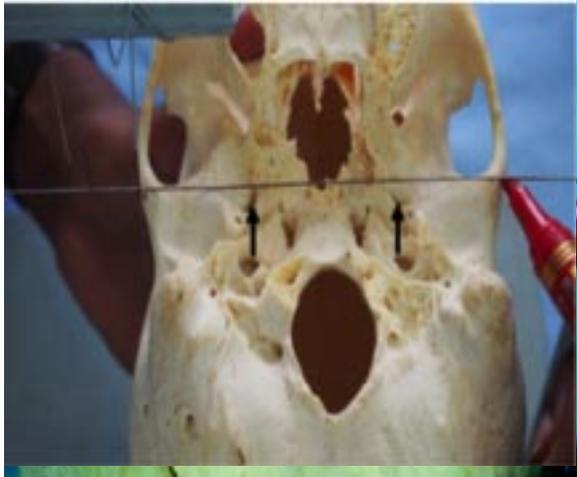


Fig. 3. Line crossing both foramen ovales (arrows) exiting the zygomatic bone, zygomatic point, marked as a red dot.

## RESULTS

The data collected was analysed using SPSS version 20. The results are summarized in Table I below. The length and width was 23.54 mm ( $\pm 2.26$ ) and the left was 23.49 mm ( $\pm 2.16$ ) (Fig. 4).



Fig. 4. Difference between Line A and Line B giving the pupil point based on the medial canthus.

The median distances of the pupil point in relation to the medial canthus was 9.5 mm on the right and 8.1 mm on the left (Fig. 4).

## DISCUSSION

In our study we found the right foramen ovale was length 7.69mm ( $\pm 1.31$ ) and its width was 4.24 mm ( $\pm 0.64$ ) the left foramen ovale was length 7.68 mm ( $\pm 1.23$ ) and the width 4.28 mm ( $\pm 0.74$ ).

A comparison our results against population data provided by Hwang *et al.* (2005), Onswuke *et al.* (2010), Ambica *et al.* (2012) and Peris-Celda *et al.* (2013) showed that our measurements are significantly different from other populations. The results of these studies are summarized in Table II below.

Compared to other population data, it can be seen that Kenyans in particular have larger foramen ovales than other populations studied except the Korean populations. If this contributes to lower rates of trigeminal neuralgia amongst Kenyans requires further investigation to find out the prevalence of the condition in the Kenyan setup.

Spurs on foramen ovale represent ossification of pterygospinous and pterygoalar ligaments. However this study did not attempt to differentiate between the two. Our study compares well with Shaw (1993) who found it occurred in 16.1% of the skulls and 6.8% were bilateral.

Interest in the size of foramen ovale and the presence of spurs has been correlated with clinical data on patients suffering from trigeminal neuralgia.

This has been to find out which side is affected more and perhaps correlate that with anatomical data, on the size of foramen ovale and on ligaments civinini and hyrtle, gleaned from cadaveric studies (Piagkou *et al.*, 2011).

However in our study the differences in size and morphology between the left and right sides are not statistically significant pointing to a multifactorial cause of trigeminal neuralgia (Bowsher, 1997).

Table I. Results of morphometry of foramen ovale.

		Right	Left
Foramen Ovale	Length (mean)	7.70 $\pm$ 1.31 mm	7.68 $\pm$ 1.24 mm
	Width (mean)	4.24 $\pm$ 0.64 mm	4.28 $\pm$ 0.74 mm
Spurs		35(17.5%)	41 (20.6%)
Zygomatic point		23.54 $\pm$ 2.26 mm	23.49 $\pm$ 2.16 mm
PupilPoint (from medial canthus)		9.5 mm (Median)	8.1 mm (Median)

Table II. Comparison of Kenyan population data with other population data. P values shown are of the value closest to the Kenyan population data.

Study	Length		Width		P values
	Right	Left	Right	Left	
Osunwoke <i>et al.</i> (2010)	7.01±0.10	6.89± 0.09	3.37± 0.07	3.33±0.07	0.000
Hwang <i>et al.</i> (2005)		8.18±0.82		4.06±0.86	0.002
Peris-Celda <i>et al.</i> (2013)		6.81±1.12		3.65±0.73	0.000
Ambica <i>et al.</i> (2012)	6.5	6.8	3.7	4	0.000
Present study (2015)	7.70 ±1.31	7.68±1.24	4.24±0.64	4.28±0.74	

Access to the foramen ovale through Hartel’s procedure (transfacial techniques) requires anatomical knowledge of three surface landmarks, zygomatic point, pupil point and cheek point. Using skulls we were only able to estimate zygomatic point and pupil point as cheek point would require cadavers.

The zygomatic point in Kenyans lies 2.3 cm anterior to the tragus. This is lower than 2.5–3 cm that is described in other populations (Tator & Rowed, 1976; Son *et al.*, 2011).

The pupil point in our study was also shown objectively to be 0.9 cm from the medial canthus of the eye on the right and 0.8 cm on the left. These measurements are not reported in other studies. This is a more objective surface landmark of the foramen ovale compared to the other more subjective description medial to the medial limbus of the pupil. Whether this leads to more accurate cannulation of the foramen ovale requires further study.

The morphology and surface landmarks of foramen Ovale in Kenyans differ significantly from other population findings. Neuronavigational stereotactic cages which may find use in resource poor setups where fluoroscopy is not available therefore would require a redesign. This would make them match the unique morphology and surface landmarks of foramen ovale in Kenyans.

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**KANYATA, D.; ODULA, P.; NYAMAI, L. A. & NDUATI, P. K.** Morfología y ubicación de puntos anatómicos de superficie del foramen oval en Kenianos. *Int. J. Morphol.*, 33(2):471-475, 2015.

**RESUMEN:** El foramen oval es una abertura quirúrgicamente importante del cráneo, que permite el enfoque y manipulación del ganglio trigeminal ya que se encuentra en la impresión trigeminal (fosita de Meckel). Este enfoque transfacial, el enfoque de Hartel, requiere dos puntos anatómicos para la canalización precisa; el punto cigomático y el punto de la pupila. Este estudio describe la morfología y la ubicación del foramen oval, y el punto pupilar en relación al canto medial en la población de Kenia. La junta directiva del Departamento de Anatomía Humana aprobó el estudio. Doscientos cráneos secos procedentes del Departamento de Anatomía Humana se estudiaron utilizando un caliper digital con ayuda de un marco de medición. Los resultados fueron analizados mediante el programa SPSS versión 20. Los resultados mostraron que la longitud y ancho del foramen oval derecho fue de 7,69 mm media (±1,31) y 4,24 mm (±0,64), respectivamente, mientras que el foramen oval izquierdo fue de 7,68 mm (±1,23) y 4,28 mm (±0,74). La distancia del punto cigomático desde el meato acústico externo derecho fue 23,54 mm (±2,26) y el izquierdo de 23,49 mm (±2,16). Las distancias promedios del punto de la pupila en relación con el canto medial fueron de 9,5 mm (el derecha) y 8,1 mm (el izquierdo). Estos resultados fueron significativamente diferentes de otros datos demográficos. El apoyo para la neuronavegación para acceder al foramen oval en kenianos debe tener esto en consideración.

**PALABRAS CLAVE:** Foramen oval; Procedimiento de Hartel; Transfacial; Kenianos.

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