Ivemark syndrome-a rare entity with specific anatomical features

ADRIAN HRUSCA¹, ANDREEA LIANA RACHISAN¹, BOGDAN LUCIAN², SIMONA OPRITA³, SIMONA MANOLE⁴, SIMONA CAINAP¹

ABSTRACT

Ivemark syndrome (IS) is a rare embryological disorder which results from failure of development of the left-right asymmetry of organs. It is often associated with cardiac and other organ abnormalities, which are the usual causes of death in early neonatal life. We report a 3 months old girl with IS with dextrocardia, transposition of the great vessels, atrio-ventricular connection, total anomalous pulmonary venous drainage, a right atrial and right pulmonary isomerism, a midline liver, a midline gallbladder, asplenia, intestinal malrotation and vena cava anomalies. To our knowledge, complete right heterotaxia syndrome has been rarely described in literature. Lateralization defects such as situs inversus, asplenia or polysplenia due to defective left-right axis development are considered as defects of the primary developmental field. Therefore, additional malformations in IS can be synchronic defects in the primary developmental field rather than causally independent malformations.

Key words: Congenital abnormalities; Heterotaxy syndrome; Ivemark syndrome; Situs ambiguous with asplenia.

Síndrome de Ivermark. Informe de un caso

El síndrome de Ivermark es un desorden embriológico raro resultante de una falla en el desarrollo de la asimetría izquierda y derecha de los órganos. Usualmente se asocia con anomalías cardíacas y de otros órganos, que son la causa usual de muerte en la vida neonatal. Presentamos una niña de 3 meses con dextrocardia, trasposición de los grandes vasos, comunicación auriculo-ventricular, drenaje anómalo total de la vena pulmonar, isomerismo de la aurícula y pulmón derecho, hígado y vesícula en la línea media, asplenia, malrotación intestinal y anomalías de la vena cava. Una heterotaxia derecha completa ha sido raramente descrita en la literatura. Los defectos de lateralización como situs inverso, asplenia o poli esplenia causados por defectos en el desarrollo izquierda derecha son considerados como defectos del campo de desarrollo primario. Por lo tanto, las manifestaciones adicionales del síndrome de Ivemark pueden ser defectos sincrónicos del campo de desarrollo primario más que malformaciones causalmente independientes.

Congenital heart diseases (CHD) affect approximately 0.75-0.9% of newborns and are the leading cause of death in neonates and infants¹. Among the various kinds of CHD, heterotaxy syndromes (HS) are the most complex. They appear in approximately 1 to 5,000-7,000 of live births with CHD². Right-atrial isomerism (RAI) or Ivemark syndrome (IS) is a heterotaxy and plurimalformative syndrome with modification of the left–right axis. The result is a complex...
heart malformation and anomalies of the thoracic and abdominal organs. The revealing element for the diagnosis is asplenia. This condition is rarely seen in adults, because the majority of children with RAI do not survive beyond their first year of life.

Case report

A 3 months old full-term female was born after an apparently normal pregnancy and labor. The weight at birth and the Apgar score were unknown. The mother was G1P1A0 with no significant family history. With an apparent normal development, the patient was hospitalized at the age of 2 months in a pediatric department. The reasons for hospitalization were cyanosis and altered general health (weight loss and anorexia) with leukocytosis (white blood cell count, 21,500/mm³). On physical examination, a 3rd degree cardiac murmur was identified. Thus, a plain thoracic radiograph showed dextrocardia. Echocardiography showed a complex congenital heart disease. A computed tomographic (CT) examination was performed. A dextrocardia with common atrioventricular connection Rastelli C, transposition of the great vessels with total anomalous pulmonary venous drainage (Figure 1 A, B) was identified. The superior vena cava had an aneurysmal dilatation (Figure 2A). The liver was median situated, while the spleen was not visualized (Figure 2B).
Discussion

Heterotaxy syndromes are rare congenital anomalies with multi-system involvement. Grouped under the broad category of situs ambiguous defects, these often pose diagnostic difficulties due to their varied and confusing anatomy. HS includes a wide range of malformations including both cardiac and extracardiac manifestations. In the majority of cases major cardiac malformations reveal this condition in newborns. This is the reason for the high mortality rate (60%) before reaching the 1st year of age. Only 5 to 10% of the patients with IS reach adulthood. It is seen more in males, presents mostly with cyanotic heart disease and patients are immunocompromised due to absent spleen. Neonates with right isomerism typically show a single atrium, a single right ventricle and an atrioventricular connection often associated with atrioventricular valve regurgitation. Pulmonary venous obstruction due to total anomalous pulmonary venous drainage should be precisely diagnosed. The most frequently found hepatic anomaly is a median liver. The complete common mesentery consists of the mesentery rotation being stopped at 90°. The colon is entirely situated on the left side, the small intestine and stomach are placed on the right side of the median line.

IS is primarily induced by disorders of left-right axis determination during early embryological development. This condition probably arises from a defect in the lateralization, thus causing development disorder in asymmetric organs. Right isomerism is a condition where production of left determinants is low and/or nodal flow is abnormal. As a result, the left signal is not activated in both sides.

In our literature research, we came across several reviews and three case presentations related to IS. We compared the findings of our case with the findings of the RAI in these case reports. Petitpierre et al. reported a case of pulmonary embolism in an adult revealing an IS. Himanshu et al. reported a case of Ivemark syndrome presenting dysphagia. Chahed et al. described the presence of a pancreatic cyst in an IS.

Most patients with right isomerism succumb within the first year of life due to cardiovascular compromise. Moreover, susceptibility to infection still remains a problem. Survival into adulthood can be explained by less severe pulmonary stenosis, absence of arrhythmias or overwhelming infections. Sepsis due to asplenia, sudden death and cardiac arrhythmias may potentially be related to major causes of late mortality. This case confirms that IS is one of the most severe forms of CHD. The prognosis remains poor despite modern surgical techniques. Prenatal diagnosis will allow appropriate counseling for families and will facilitate the prompt treatment immediately after birth.

Conclusion

Therefore, given the high mortality rate in patients with RAI it seems prudent to reassess the management of these patients. It is crucial to reveal the anatomical features in these patients by using imaging modalities because being aware of them prior to surgery and invasive intervention prevents the possible risks and complications.

References

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