Morphometric and Morphological Study of the Dental Roots of the Upper First Premolars

Estudio Morfométrico y Morfológico de las Raíces Dentales de Primeros Premolares Superiores

Nilton Alves

ABSTRACT: The knowledge of the dental anatomy, mainly the radicular portion, is of great importance to some specialties such as the Endodonty and Periodonty. The aim of this study was to analyse the radicular morphometry of the upper first premolars, checking the average length of the roots, and also, their inclinations and the location of the furcation area in bi and three radiculars. In this study were used 659 human upper first premolars belonging to Department of Morphology of the School of Dentistry of Araraquara, UNESP, Brazil. The teeth were previously selected, so only the ones with perfect roots were used. The teeth were divided in three groups: mono radiculars, bi radiculars and three radiculars. After they had been separated, some specific measurements with a Brown & Sharp digital paquimeter were done in each group. In our study we could conclude that: 1 - the upper first premolar mono radiculars presented an average radicular length higher than the bi radiculars and these ones, higher than the three radiculars. In this study we could conclude that: 1 - the upper first premolar mono radiculars presented an average radicular length higher than the bi radiculars and these ones, higher than the three radiculars; 2 - the upper first premolar bi radiculars presented an average radicular length higher for the vestibular root in relation to the palatine root, both roots present higher inclination percentage for the distal. The furcation can be located in the middle third as well as in the apical third; 3 - the upper first premolar three radiculars present an average radicular length higher for the palatine root in relation to the vestibular roots. The radicular inclination is variable, and the distovestibular root presents higher inclination percentage for the mesial while the other roots for the distal. The furcation is located, in all the cases, at the middle third.

KEY WORDS: upper first premolar, morphology, dental root.

INTRODUCTION

The knowledge of the dental anatomy, mainly the radicular portion, is of great importance to some specialties such as the Endodonty and Periodonty.

Regarding the upper first premolar, it is known that its radicular morphology is variable. It can be mono, bi or three radicular. According to Picosse (1979), the upper first premolar has, in more than 70% of the cases, a bifid root; on the other hand, Sicher & Tandler (1942) says it occurs in approximately 50% of the cases. Bourdelle et al. (1937) declare that in 66% of the cases there are bi radiculars roots, in 30% mono radicular and in 4% they were three radiculars. Woelfel & Scheid (2000) studied 200 teeth, 61% of them had two roots, 38% one root and 1% three roots.

Concerning the radicular length, there are also some discordant opinions among the authors. Fischer (1907) and Black (1897) claimed that the maximum length of the root in the upper first molar would be 17.4mm and its minimum length 9.2mm. However, Schwartz (1935) concluded that the maximum would be 13.7mm and the minimum 9.8mm. According to Mühreiter (1870) the maximum would be 14.0mm and the minimum 10.0mm.

Woelfel & Scheid, Silva & Pécora (1998) and Madeira (2000) claim that the lingual root of the upper first premolars with a bifurcated root is shorter than the buccal root. Figún & Garino (1989) says that the lingual root is always bigger than the vestibular root. Della-Serra & Ferreira (1981) says that, when bifurcated, the palatine root is larger and shorter than the vestibular root, which is taller and flatter.

The aim of this study was to analyse the radicular
morphometry of the upper first premolars, checking the average length of the roots, and also, their inclinations and the location of furcation area in bi and three radicars.

MATERIAL AND METHOD

In this study were used 659 human upper first premolars belonging to Department of Morphology of the School of Dentistry of Araraquara, UNESP, Brazil. The sex, age, race of the person, and the reasons why the teeth were removed were not informed.

The teeth were previously selected, so only the ones with perfect roots were used. The teeth were divided in three groups: mono radicars, bi radicars and three radicars. After they had been separated, some specific measurements with a Brown & Sharp digital paquimeter were done in each group.

In all groups, the roots of each tooth were measured and then we could obtain an average of the length of each root measured of each group.

The mesial or distal inclination of each root was also observed, so that a percentage of the radicular inclination between the groups could be obtained. The location of the furcation in the middle or apical thirds was observed in the bi radicular and three radicular teeth, the percentage for each group was also obtained.

RESULTS

The teeth were measured through the obtainment of the root length, in millimeters, of each tooth. The radicular length is equivalent to the length from the top of the root until the cervical line (the limit between the tooth crown and the root). In the bi radicars, both roots were measured, obtaining an average length for each root (vestibular and lingual roots). The same was done in the three radicars, thus obtaining three averages of radicular length: one for the mesiovestibular root, one for the distovestibular and other for the palatine root.

For the mono radicular teeth, the average of the radicular length was 14.39mm. In the bi radicars, the average was 13.43mm for the vestibular root and 13.09mm for the palatine root. In the three radicars, the average was 11.25mm for the mesiovestibular root, 10.56mm for the distovestibular root, and 11.91mm for the palatine root (Table I).

Fig. 1. Percentage of the radicular inclination to distal or mesial. VR – vestibular root; PR – palatine root; MVR – mesiovestibular root; DVR – distovestibular root.
To obtain the radicular inclination percentage, we examined the roots with naked eye, observing the inclination (whether it was to the mesial or distal). In the mono radiculars, the radicular inclination to distal was 75.56%. In the bi radiculars the radicular inclination to distal occurred in 91.57% of the vestibular roots and in 85.54% of the palatine roots. In the three radiculars, in 100% of the cases, the mesiodistal root is turned to distal; the palatine root was found turned to distal in 80% of the cases and at 60% of the cases the distovestibular root was turned to mesial (Fig. I).

Regarding the furcation location it could be observed that in the bi radiculars it is located, in 56.63%, of the cases, at the apical third and in 43.37% of the cases at the middle third. At the three radiculars, in 100% of the cases it is located at the middle third.

**DISCUSSION**

In our study we could notice that the radicular morphology in the upper first premolars is variable and can be presented as mono, bi or three radical.

We agree with Visser (1948), Walker (1987), and Pécora et al. (1991) when they affirm that most of the upper first premolars have only one root. This statement, however, is not shared by other authors seeing that Hess (1925), Müeller (1933), Bourdelle et al., Sicher & Tandler, Pucci & Reig (1944), Diamond (1952), Alves (1962), Wheeler (1974) Brand & Isselhard (1977), Picosse, Vertucci & Gegauff (1979), Della-Serra & Ferreira, Deus (1986), Figún & Garino, Silva & Pécora, Chaparro et al. (1999), Madeira e Woelfel & Scheid affirms that the majority of teeth are bi radiculars and that these roots are rarely found.

We also agree with Della-Serra & Ferreira, Figún & Garino, Silva & Pécora, Woelfel & Scheid and Madeira when they claim that, in most of the teeth, the inclination of both roots (vestibular and palatine) of the bi radiculars is to distal. To Sicher & Tandler, both the bi radicular and mono radicular roots are inclined to distal. This statement meets the results obtained in our study.

Diamond, Brand & Isselhard, Della-Serra & Ferreira, Figún & Garino, Silva & Pécora, Woelfel & Scheid and Madeira claim that in bi radicular teeth the palatine root is shorter than the vestibular root, this results were similar to the ones found in our study.

Silva & Pécora claim that in the three radicular, the palatine root is higher in relation to the vestibular ones. In our study, although we found a reduced number of three radicular teeth, the same result was noticed. These authors have also claimed that the location of the furcation in the three radiculars occurs from the apical third to the half of the root, what it attested by Woelfel (1990). In our material, concerning the three radical group, in 100% of the cases the furcation is in the middle third.

Marseillier (1937) found an average of radicular length of 14.5mm in the mono radiculars, this value was very similar to the one we found, that was of 14.39mm. However, other authors who have also studied the middle radicular length in mono radicular teeth, found very different values when compared to ours. Woelfel & Scheid claim that the middle radicular length in the mono radiculars is of 13.4mm. Broomell & Fischelis (1910), found an average radicular length of 12.0mm. Sauvez et al. (1914) found an average of 12.5mm. Diamond found the average of 12.19mm. Sicher & Tandler and Figún & Garino found an average of 13.0mm.

In our study we could conclude that: 1 - the upper first premolars mono radiculars presented an average radicular length higher than the bi radiculars and these ones, higher than the three radiculars; 2 - the upper first premolars bi radiculars presented an average radicular length higher for the vestibular root in relation to the palatine root, both roots presents higher inclination percentage for the distal. The furcation can be located in the middle third as well as in the apical third; 3 - the upper first premolars three radiculars present an average radicular length higher for the palatine root in relation to the vestibular roots. The radicular inclination is variable, and the distovestibular root presents higher inclination percentage for the mesial while the other roots for the distal. The furcation is located, in all the cases, at the middle third.

<table>
<thead>
<tr>
<th>Root Type</th>
<th>Radicular Lenght</th>
</tr>
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<tbody>
<tr>
<td>Mono radicular</td>
<td>14.39</td>
</tr>
<tr>
<td>Bi radicular</td>
<td>VR – 13.43</td>
</tr>
<tr>
<td></td>
<td>PR – 13.09</td>
</tr>
<tr>
<td>Three radicular</td>
<td>MVR – 11.25</td>
</tr>
<tr>
<td></td>
<td>DVR – 10.56</td>
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<tr>
<td></td>
<td>PR – 11.91</td>
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</tbody>
</table>


Table I. Average of the radicular length (millimeters)
RESUMEN: El conocimiento de la anatomía dental, principalmente la porción radicular, es de gran importancia para algunas especialidades, como la endodoncia y periodoncia. El objetivo de este estudio fue analizar la morfometría radicular de los primeros premolares superiores, el control de la longitud media de las raíces, y también, sus inclinaciones y la ubicación del área de furca en bi y tri-radiculares. En este estudio se utilizaron 659 primeros premolares superiores humanos pertenecientes al Departamento de Morfología de la Facultad de Odontología de Araraquara, UNESP, Brasil. Los dientes fueron previamente seleccionados, de modo que sólo los que tienen raíces perfectas fueron utilizados. Los dientes se dividieron en tres grupos: mono radiculares, bi radiculares y tri radiculares. Después de haber sido separado, algunas medidas específicas con un caliper digital, Brown & Sharp se realizaron en cada grupo. En nuestro estudio podemos concluir que: 1 -Los primeros premolares superiores mono radiculares presentan una longitud radicular promedio más alto que los bi radiculares y estos, por sobre los tri radiculares, 2 - los primeros premolares superiores bi radiculares presentaron una longitud radicular promedio más alto para la raíz vestibular en relación a la raíz palatina, además las raíces presentan un mayor porcentaje de inclinación hacia distal. La bifurcación puede ser localizada en el tercio medio, así como en el tercio apical, 3 - los primeros premolares superiores tri radiculares presentan una longitud radicular promedio más alta en la raíz palatina en relación con las raíces vestibulares. La inclinación radicular es variable, y la raíz distovestibular presenta mayor porcentaje de inclinación mesial, mientras que las demás raíces hacia distal. La trifurcación se encuentra, en todos los casos, en el tercio medio.

PALABRAS CLAVE: primer premolar superior, morfometría, raíz dental.

REFERENCES


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