Increased expression of SNARE proteins and synaptotagmin IV in islets from pregnant rats and in vitro prolactin-treated neonatal islets

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ABSTRACT

During pregnancy and the perinatal period of life, prolactin (PRL) and other lactogenic substances induce adaptation and maturation of the stimulus-secretion coupling system in pancreatic β-cells. Since the SNARE molecules, SNAP-25, syntaxin 1, VAMP-2, and synaptotagmins participate in insulin secretion, we investigated whether the improved secretory response to glucose during these periods involves alteration in the expression of these proteins. mRNA was extracted from neonatal rat islets cultured for 5 days in the presence of PRL and from pregnant rats (17th-18th days of pregnancy) and reverse transcribed. The expression of genes was analyzed by semi-quantitative RT-PCR assay. The expression of proteins was analyzed by Western blotting and confocal microscopy. Transcription and expression of all SNARE genes and proteins were increased in islets from pregnant and PRL-treated neonatal rats when compared with controls. The only exception was VAMP-2 production in islets from pregnant rats. Increased mRNA and protein expression of synaptotagmin IV, but not the isoform I, also was observed in islets from pregnant and PRL-treated rats. This effect was not inhibited by wortmannin or PD098059, inhibitors of the PI3-kinase and MAPK pathways, respectively. As revealed by confocal laser microscopy, both syntaxin 1A and synaptotagmin IV were immunolocated in islet cells, including the insulin-containing cells. These results indicate that PRL modulates the final steps of insulin secretion by increasing the expression of proteins involved in membrane fusion.

Key terms: insulin, pancreatic islets, pregnant rats, prolactin, SNARE proteins, synaptotagmin.

PROLOGUE

I met Eduardo Rojas in 1977 at the Experimental Medicine Department, School of Medicine, Free University Brussels/Belgium. He was attending a seminar with Illani Atwater, his wife, at the invitation of Professor Willy Malaisse. At that time, I was concluding my postdoc at the same institution. Being a Latin American and having a special interest on the pancreatic beta cells electrophisiology, it was easy to engage in conversation, especially in politics and science. In the following semester, before I returned to Brazil, I spent some time learning about beta cells’ electrophisiology at East Anglia University in Norwich, where the couple worked. Ten years later, between 1987-1988, I was invited to work with them again, this time at NIDDK, NIH, in Bethesda, Maryland. Then, going back to NIH between 1991-93, always working alongside Illani and Guayo. Eduardo Rojas’ intellectual capacity and his work disposition always have impressed me, although his generosity was what I remember the most. He would always welcome me at his home, as well as other fellows from different countries. Helping everyone inside and outside the lab, never
denying to help resolve daily problems. In conclusion, I want to share my testimony of Eduardo Rojas as great scientist and wonderful human. I have the feeling that I haven’t returned in full what Guayo and Illani have done for me and my family during all these years.

INTRODUCTION

Insulin secretion from pancreatic β-cells is controlled mainly by blood glucose levels. Hormones, neurotransmitters, and other nutrients also modulate glucose-induced secretion. During pregnancy, insulin secretion is increased due to expansion of the β-cell mass and a higher level of insulin synthesis to attend to the increased demand (Hellman, 1960; Bone and Taylor, 1976). In rodents, two classes of hormones are increased during the course of pregnancy: growth hormones, including PRL and placental lactogens (Ogren and Talamantes, 1988), and steroid hormones, such as E1, E2, and progesterone (Bartholomeusz et al., 1976; Shaikn, 1971). The exact participation of each hormone in the maturation of the endocrine pancreas still is unclear. However, most of the alterations observed in pancreatic islets during pregnancy can be reproduced in vitro by culturing the islets in the presence of PRL. Steroid hormones do not produce this effect (Sorenson et al., 1993; Boschero et al., 1993). PRL increases β-cell proliferation (Brelje et al., 1993) and gap-junction coupling among β-cells (Sorenson et al., 1987; Collares-Buzato et al., 2001), decreases the glucose stimulation threshold, and enhances insulin secretion (Sorensen, 1987). PRL exerts its biological effects mainly by activating the JAK2/STAT5 pathway (Yamauchi et al., 1998) but also can stimulate IRS1/2, PI3-kinase, and MAPK in different cell lines (Arien et al., 2003). Syntaxin 1 inhibition in mouse β-cells decreases insulin secretion (Martin et al., 1996).

An increase in cytosolic Ca²⁺ is necessary to trigger insulin secretion. However, there is no known Ca²⁺sensor in the exocytotic apparatus. The best candidate to exert this function as yet is synaptotagmin. This group of proteins constitutes a large family of Ca²⁺-binding elements, characterized by the presence of two C₂ domains. They were first identified in brain tissue and, more recently, in islets and β-cell lines (Gao et al., 2000). Binding of Ca²⁺ to the C₂A domain regulates the interaction of synaptotagmin I and syntaxin 1 at high Ca²⁺ levels (Li et al., 1995). It also has been found that antibodies against the C₂A domain of synaptotagmin I and II in INS-1 cells inhibited Ca²⁺-induced exocytosis, and mutations in the C₂ domain of synaptotagmin II reduced insulin secretion (Lang et al., 1997). Syntaxin 1A also modifies the activity of voltage-gated Ca²⁺ channels, acting via cytosolic and transmembrane domains (Arien et al., 2003).
In conclusion, fresh isolated islets from pregnant rats as well as neonatal rat islets cultured in the presence of PRL for 5 days showed increased transcription and expression of syntaxin 1A, SNAP-25, VAMP-2 and synaptotagmin IV genes. Only VAMP-2 production is not increased in islets from pregnant rats. The enhanced expression of these proteins appears to be mediated by a signaling pathway that does not involve PI3-kinase and MAPK cascades.

MATERIALS AND METHODS

Materials

SDS-PAGE and immunoblotting were carried out using Bio-Rad systems (Richmond, CA, USA). All chemicals used for immunoblotting were from Sigma (St. Louis, MO, USA) and all reagents used in the experiments for RT-PCR were from Invitrogen (Carlsbad, CA, USA). Rat PRL was supplied by Dr. A. F. Parlow, Harbor University-California at Los Angeles Medical Center and kindly provided by the National Hormone and Pituitary Program of the NIDDK). [125I]insulin and nitrocellulose membranes (Hybond N, 0.45 μm) were from Amersham (Buckinghamshire, UK). Anti-syntaxin 1 (mouse monoclonal), anti-synaptotagmin I and IV (goat polyclonal), and anti-VAMP-2 (goat polyclonal) antibodies were from Santa Cruz Biotechnology (Santa Cruz, CA, USA). Anti-SNAP-25 (mouse monoclonal) antibody was from (Sigma).

Islet isolation and culture

For each set of experiments, islets from 40-60 neonatal rats (2-3 days old) were isolated by collagenase digestion of the pancreas in Hanks balanced salt solution and maintained in culture at 37°C in a 5% CO₂/air atmosphere for 5 days. The culture medium consisted of RPMI-1640 supplemented with 10% fetal bovine serum, 10 mM glucose, 100 IU/ml penicillin, 100 μg/ml streptomycin, and PRL (0.1 μg/ml). Wortmannin (0.1 μg/ml) and PD098059 (0.1 μg/ml) were added to the culture medium every day during the 5 days of culture. Adult islets were isolated from female Wistar rats (pregnant or not) by collagenase digestion of the pancreas and separated from pancreatic debris by centrifugation in Ficoll gradients. Islets from pregnant rats were isolated in the 15th day of pregnancy. The University of Campinas Ethical Committee approved all experiments.

Insulin secretion

Groups of five islets were first incubated for 45 min at 37°C in Krebs-bicarbonate buffer containing 5.6 mM glucose and equilibrated with 95% O₂ - 5% CO₂, pH 7.4. The solution was then replaced with fresh Krebs-bicarbonate buffer, and the islets were incubated for 1 h with medium containing 2.8 or 16.7 mM glucose. The incubation medium contained (mM): NaCl 115, KCl 5, NaHCO₃ 24, CaCl₂ 2.56, MgCl₂ 1, and BSA 0.3% (w/v). The insulin was measured by RIA using rat insulin as the standard.

Semi-quantitative analysis of mRNA RT-PCR

Total cellular RNA was extracted from groups of islets using Trizol reagent. Reverse transcription was carried out with 2 μg of total RNA using the Moloney murine leukemia virus-reverse transcriptase (Superscript II) and random hexamers according to the manufacturer’s instructions (Invitrogen). RT-PCR assays were done using recombinant Taq DNA polymerase with 10 pM of each primer in a final volume of 50 μl. The primers were designed and synthesized based on the published gene sequence as shown in Table I. The PCR was carried out in a thermal cycler (model 9700, Applied Biosystems) with an initial denaturation step at 94°C for 3 min, subjected to variable number of cycles of denaturation at 94°C for 30 sec, annealing for 30 sec, elongation at 72°C for 45 sec and a final elongation step at 72°C for 7 min. The number of cycles was 26 for β-actin, 35 for synaptotagmin I, 31 for synaptotagmin IV, 33 for syntaxin 1A, 34
for SNAP-25, and 39 for VAMP-2. The cycle numbers were defined after titration between 20 and 45 cycles and were within the logarithmic phase of amplification. PCR products were run on 1% agarose gels, and the DNA was visualized by ethidium bromide staining. The band intensities were determined by digital scanning followed by quantification using Scion Image analysis software.

### Tissue extracts and immunoblotting

After culture, the islets were homogenized in 200 μl of solubilization buffer (10% Triton-X 100, 100 mM Tris pH 7.4, 10 mM sodium pyrophosphate, 100 mM sodium fluoride, 10 mM EDTA, 10 mM sodium vanadate, and 2 mM PMSF) for 30 s using a Polytron PT 1200 C homogenizer (Brinkmann Instruments, NY). The tissue extracts were centrifuged at 15,000g at 4°C for 20 min, and the supernatant was used for protein analysis. Aliquots containing 70 μg of islet protein were run on 10% polyacrylamide gels. Proteins were then transferred to nitrocellulose at 120 V for 2 h. Non-specific protein binding to nitrocellulose was reduced by preincubating the filter in blocking buffer (3% BSA, 10 mM Tris, 150 mM NaCl, and 0.02% Tween 20) for 2 h at 22°C. The nitrocellulose membranes were then incubated for 4 h at 22°C with anti-syntaxin, anti-VAMP-2, anti-SNAP-25, or anti-synaptotagmin I and IV antibodies. The blots were subsequently incubated with 2 μCi of [125I] labeled protein A (30 μCi/μg) in 10 ml of blocking buffer for 1 h at 22°C. The [125I] labeled protein A bound to the antibodies was detected by autoradiography using preflashed Kodak film at -80°C for 24-60 h. Band intensities were determined by digital scanning followed by quantification using Scion Image analysis software.

### Table 1

<table>
<thead>
<tr>
<th>Gene</th>
<th>F or R</th>
<th>Primer sequence (5’-3’)</th>
<th>Melting temperature</th>
<th>Product size</th>
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</thead>
<tbody>
<tr>
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<td>F</td>
<td>ACTGAGCCAGCAGCTCTGG</td>
<td>55°C</td>
<td>640</td>
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<tr>
<td></td>
<td>R</td>
<td>ATGTCGTGCTTGGAGAAGCG</td>
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<tr>
<td>Synaptotagmin 4</td>
<td>F</td>
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<td>55°C</td>
<td>711</td>
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<tr>
<td></td>
<td>R</td>
<td>TCTCCAATGACATCTCTCT</td>
<td></td>
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<tr>
<td>SNAP-25</td>
<td>F</td>
<td>GAATTCAATGGCCAGGACGCAGA</td>
<td>63°C</td>
<td>621</td>
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<tr>
<td></td>
<td>R</td>
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<tr>
<td>Syntaxin 1A</td>
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<td>59°C</td>
<td>868</td>
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<tr>
<td></td>
<td>R</td>
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</tr>
<tr>
<td>VAMP-2</td>
<td>F</td>
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<td>62°C</td>
<td>354</td>
</tr>
<tr>
<td></td>
<td>R</td>
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</tr>
<tr>
<td>B-actin</td>
<td>F</td>
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<td>57°C</td>
<td>489</td>
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<tr>
<td></td>
<td>R</td>
<td>TTTGGGAGGGTGAGGGACCTC</td>
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*a F, forward primer; R, reverse primer.*
**Immunocytochemistry**

Pools of isolated islets were fixed in paraformaldehyde solution (2% paraformaldehyde and 10% saccharose in PBS), gelatin was added at increasing concentration (5%, 10% and 25%) and then frozen in n-hexane with liquid nitrogen. Cryostat sections (6 μm) of the islet blocks were treated with 0.1% Triton X-100 (in PBS), incubated for 1 h with blocking solution (PBS with 5% skim milk) and then for 12 h at 4°C with the polyclonal synaptotagmin IV or the monoclonal syntaxin 1A antibodies (dilution 1: 50 in PBS with 3% skim milk). The sections were washed three times in PBS and incubated for 2 h at room temperature with FITC-conjugated secondary antibodies. To determine the co-localization of these proteins and insulin, the samples were further incubated for 2 h at room temperature with anti-insulin antibody (Dako Cytomation, CA, USA) at a dilution of 1: 150 in PBS with 3% skim milk. The sections were washed three times in PBS and incubated for 2 h at room temperature with FITC-conjugated secondary antibodies. To determine the co-localization of these proteins and insulin, the samples were further incubated for 2 h at room temperature with anti-insulin antibody (Dako Cytomation, CA, USA) at a dilution of 1: 150 in PBS with 3% skim milk followed by incubation for 2 h at room temperature with the specific TRITC-conjugated secondary antibody. After washing in PBS, the sections were mounted in a commercial antifading medium ( Vectashield – Vector) and analyzed using confocal laser scanning microscopy (Zeiss). Negative controls were incubated with PBS containing 3% skim milk instead of primary antibodies.

**Statistical analysis**

The results were expressed as the mean ± S.E.M. for the number of experiments (n) indicated. Statistical comparisons were carried out using ANOVA followed by the Turkey-Kramer test. The level of significance was set at P < 0.05.

**RESULTS**

*Expression of syntaxin 1A, VAMP-2, SNAP-25, synaptotagmins I and IV genes in neonatal and adult rat islets*

Figure 1 shows that the expression of syntaxin 1A, SNAP-25 and synaptotagmin IV genes in islets from pregnant rats was significantly higher than control islets (P < 0.05). The expression of syntaxin 1A, SNAP-25, VAMP-2, and synaptotagmin IV also was increased significantly in neonatal islets cultured for 5 days in the presence of PRL compared with untreated islets (Fig. 2) (P < 0.05). Expression of the VAMP-2 and synaptotagmin I genes in adult islets did not differ from the respective controls (Fig. 1). Expression of the synaptotagmin I gene was not altered in PRL-treated neonatal islets (not shown). The effect of PRL in increasing the expression of syntaxin 1A, SNAP-25, VAMP-2 and synaptotagmin IV genes was not altered by wortmannin or by PD098059, which are inhibitors of the PI3-kinase and of MAPK pathways, respectively. The level of β-actin mRNA (used as an internal control) did not differ between islets from pregnant and control rats or neonatal islets treated with PRL and control islets. The insulin secretion, stimulated by 22.2 mM glucose, in neonatal islets cultured in the absence or presence of PRL was 3.34 ± 0.41 and 5.8 ± 0.82 ng/islet.h (n = 6), respectively (P < 0.05). In islets from pregnant and control rats, the insulin secretion, stimulated by 16.7 mM glucose, was 32.4 ± 4.3 and 14.1 ± 2.5 ng/ml.h (n = 6), respectively (P < 0.05). Syntaxin 1B was not expressed in islet tissue (not shown).

*Expression of syntaxin 1A, VAMP-2, SNAP-25, and synaptotagmin I and IV proteins*

The expression of syntaxin 1A, SNAP-25 and synaptotagmin IV was significantly higher in islets from pregnant rats when compared with controls (Fig. 3) (P < 0.05). Figure 4 shows that expression of the above proteins, and VAMP-2 also was increased in neonatal rat islets treated with PRL when compared with control islets (P < 0.05). Similar to the expression of VAMP-2 and synaptotagmin I in islets from pregnant rats, there was no significant difference between synaptotagmin I expression in neonatal PRL-treated islets and the respective control (Figs. 3 and 4). Tubulin was used as a control probe to assure equal amounts of protein were loaded in the gel (not shown).
Immunocytochemical localization of syntaxin 1A and synaptotagmin IV in neonatal rat islets

To determine the subcellular localization of syntaxin 1A and synaptotagmin IV, slices of fixed, isolated rat islets were incubated with antibodies against syntaxin 1A or synaptotagmin IV and insulin and analyzed by confocal microscopy. As shown in Figure 5, the immunoreaction for synaptotagmin IV presents a punctuate pattern of labeling distributed throughout the cytoplasm. Staining for synaptotagmin IV was observed in all islet cells, including the insulin-containing cells.

We also examined whether PRL treatment affects the expression of synaptotagmin IV. An increase of 27% in the degree of staining was observed in islets treated with prolactin in comparison with the controls, although no difference in synaptotagmin IV subcellular localization was observed between experimental groups (Fig. 5). Incubation with syntaxin 1A antisera and insulin showed immunoreactivity with this SNARE protein at the plasma membrane of all islet cells, exhibiting stronger immunoreactivity in non-insulin cells (Fig. 5). PRL treatment resulted in an approximately 1.5-fold increase in syntaxin 1A immunoreactivity compared with untreated islets (Fig 5).
DISCUSSION

The kinetics of insulin secretion is an important factor in type-2 diabetes, justifying our efforts to better understand the final steps of insulin secretion (Sheu et al., 2003). In insulin secreting cells, a limited number of vesicles are docked at the internal side of the plasma membrane. During insulin secretion, this pool is released to the extracellular medium and is replaced continuously by granules dispersed in the β-cell cytoplasm in an ATP-dependent mechanism (Curry et al., 1968).

Docking and subsequent fusion of the insulin-containing vesicles at the plasma membrane is a complex phenomenon that involves multiple proteins including the SNARE proteins syntaxin, SNAP-25, and Vamp-2 and the Ca²⁺-binding protein synaptotagmin (Nagamatsu et al., 1999; Gut et al., 2001).

In this work, we have observed that the SNARE proteins syntaxin 1A and SNAP-25 were increased in islets from pregnant rats when compared with controls. The presence of both syntaxin and SNAP-25 in cells of the endocrine pancreas and neurons has been long known and indicates that both cells share similar mechanisms for Ca²⁺-regulated exocytosis (Wheeler et al., 1996; Jacobsson et al., 1994).

Formation of the SNARE complex is dependent on the assembly of syntaxin, SNAP-25, and the vesicular protein VAMP-2. However, under low [Ca²⁺]i, the SNARE
complex formation is inhibited by munc-18 (Zhang et al., 2000). Increasing concentrations of glucose induce β-cell depolarization allowing a massive entry of Ca\(^{2+}\) into the cells, increasing the concentration of \([\text{Ca}^{2+}]_i\). Ca\(^{2+}\) binds to one of the multiple isoforms of synaptotagmin present in β-cells forming the SNARE complex, which, in turn, favors fusion of the vesicles with the plasma membrane, inducing secretion.

In pregnant rats, we observed an increase in expression of synaptotagmin IV but not synaptotagmin I. However, except for synaptotagmin I, the participation of the various isoforms of synaptotagmins in the secretory process of insulin is still a matter of debate. Synaptotagmins III and VII are claimed to mediate Ca\(^{2+}\)-mediated regulation of exocytosis (Gao et al., 2000), whereas others have suggested the participation of synaptotagmin V, VII and VIII in this process (Gut et al., 2001; Saegusa et al., 2002). It is important to keep in mind that all these isoforms, including synaptotagmins I

**Figure 3.** Protein expression of SNARE and synaptotagmin I and IV in islets from adult rats. Equal amounts of protein, extracted from fresh isolated islets from control (empty bars) and pregnant (filled bars) rats, was resolved by SDS–PAGE on 10% gels and transferred to a nitrocellulose membrane. The proteins were detected with anti-syntaxin 1A, anti-SNAP-25, anti-VAMP-2, and anti-synaptotagmin I and IV antibodies. The values are the mean ± S.E.M. of 5 experiments. *P < 0.05 for control vs. pregnant rats.
and IV, have a Ca\(^{2+}\)-binding C\(_2\) domain. In our study, we have shown that expression of synaptotagmin IV, but not I, was increased in islets from pregnant rats when compared with controls. Interestingly, synaptotagmin IV appears to be preferentially located adjacent to the TGN complex (Gut et al., 2001), indicating that it does not participate directly in the process of exocytosis as a Ca\(^{2+}\) sensor but rather facilitates the formation and/or distribution of the vesicles containing insulin granules in β-cells.

*In vitro* studies have shown that culturing pancreatic islets in the presence of PRL can reproduce most of the alterations observed in the islets during pregnancy (Brelje et al., 1993; Sorenson et al., 1987; Collares-Buzato et al., 2001). In this study, we observed that an increase in the expression of SNARE proteins was reproduced in isolated neonatal rat islets maintained in culture in the presence of PRL, corroborating these observations. In these islets, mRNA and the respective encoded proteins tested, including

**Figure 4.** Protein expression of SNARE and synaptotagmin I and IV in islets from neonatal control and PRL-treated islets. Equal amounts of protein, extracted from neonatal islets, cultured for 5 days in the absence (empty bars) or presence of 0.1 μg/ml PRL (filled bars) were resolved by SDS-PAGE on 10% gels and transferred to a nitrocellulose membrane. The proteins were detected with anti-syntaxin 1A, anti-SNAP-25, anti-VAMP-2, and anti-synaptotagmin I and IV antibodies. The values are the mean ± S.E.M. of 5 experiments. *P < 0.05 for control vs. PRL-treated islets.
VAMP-2, were increased significantly when compared with non-treated islets. The only exception was synaptotagmin I. These results clearly indicate the participation of PRL in the maturation of the exocytotic process.

Since PRL also stimulates the IRSs/PI3-kinase and SHC/ERK pathways in neonatal rat islets (Amaral et al., 2003), we exposed the islets to PRL and wortmannin or PD098059, inhibitors of the PI3-kinase and MAPK pathways, respectively, for 5 days. Both agents failed to inhibit the effect of PRL on expression of the above proteins, indicating that the PI3-kinase pathway and MAPK cascades are not involved. In contrast, wortmannin and PD098059 inhibited the PRL-induced increase in transcription of insulin mRNA in neonatal cultured rat islets (data not shown), raising the possibility that PRL stimulates expression of different proteins using distinct signaling pathways.

The presence of syntaxin 1A in different cell types of the pancreatic islets was confirmed by confocal microscopy. This protein was located preferentially adjacent to the plasma membrane and co-localized with insulin positive cells in control and PRL-treated neonatal islets. The presence and localization of synaptotagmin IV also was confirmed in cultured islets in the absence or presence of PRL. Synaptotagmin IV was distributed throughout the cytoplasm of the islet cells, including the insulin-positive cells, agreeing with previous work suggesting that synaptotagmin IV is located close to the TGN complex (Gut et al., 2001).

**Figure 5.** “En face” (X-Z) confocal images showing immunofluorescence staining of syntaxin 1A and synaptotagmin IV in isolated neonatal rat islets cultured for 5 days in absence or presence of PRL. Note that synaptotagmin IV was immunolocated throughout the cytoplasm whereas the immunolabelling for syntaxin 1A was confined to the cytoplasmic membrane of islet cells. The PRL-treated islets displayed a slightly brighter immunoreaction for both proteins when compared with controls. Dual immunofluorescence staining of syntaxin 1A or synaptotagmin IV and insulin showed that these proteins are expressed by β-cells as well as non β-cells.
In conclusion, these results indicate that the increase in insulin secretion in islets from pregnant rats involves an increase in expression of various proteins that participate in the exocytotic process. The increase in the expression of these proteins in neonatal islets produced by PRL indicates that this hormone plays an important role in such a process.

ACKNOWLEDGEMENTS

The authors thank L.D. Teixeira for technical assistance and L.A. Pirrit for editing the English. This work was supported partially by the Brazilian foundations FAPESP, CAPES, and CNPq/PRONEX.

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